

COLLEGE — ACROBATICS & TUMBLING

FAIRMONT STATE UNIVERSITY **REGHAN MOLLOHAN**

Base **Sophomore**

Reghan Mollohan, a sophomore from Beckley, West Virginia, is an exceptional student-athlete and one of the hardest working and determined members in our strength and conditioning program. Reghan has embraced strength training and is extremely coachable. She has a key role on our Acrobatics & Tumbling team, as a base, participating in 7 heats and the team event. Her role as a base requires her to have high levels of strength and power, which she has worked hard to achieve. Reghan currently has a 235 lbs back squat and a 305 lbs deadlift. Her work ethic also carries from the weight room and mat into the classroom. Reghan currently has a 3.7 GPA, majoring in Exercise Science, and has been named to the MEC All-Academic team and the NCATA Academic Honor Roll. Our Acrobatic & Tumbling program, strength & conditioning program and entire athletic department are all better because of student-athletes like Reghan Mollohan. ~Adam Kolberg

MARS HILL UNIVERSITY **BRYNLIE JOHNSON**

Tumbler/Top **Sophomore**

Brynlie was nominated for the 2022 NSCA All-American Award for displaying exceptional attitude, effort, and attention to detail on and off the mat. As a sophomore at Mars Hill University, she holds a 3.92 GPA as a double major in Criminal Justice and Psychology. In addition, Brynlie holds the University's relative back squat record for all female student-athletes, squatting 1.65 times her body weight, while also being ranked second in the relative bench press. More importantly, Brynlie is the definition of a servant leader and places her teammates before herself to ensure the team is moving forward toward our end goal. It is with great honor and humility that I nominate Brynlie Johnson for the 2022 NSCA All-American Award. ~Jared Carter