



1885 BOB JOHNSON DRIVE
 COLORADO SPRINGS, CO 80906
 P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes
National Strength and Conditioning Association Foundation
 Zoom Conference Call
 Friday, October 16, 2020

Directors participating in the meeting: Dr. Nicole Dabbs, Dr. Ludmila Cosio-Lima, Dr. Chad Kerksick, Dr. Matt Stock, Ashley Jackson, and Dr. Colin Wilborn.

Directors not present: Dr. Thomas Mahoney.

Also present at times: *NSCA Foundation Staff:* Carissa Gump; *NSCA Staff:* Lee Madden; *Auditor:* Jill Goodwin; *Legal Counsel:* Stephen Hess; *Financial Advisor:* John Martin; *Investment Committee Members:* Geoff Eliason, Jayme Brown, and Michael Willette.

The meeting of the NSCA Foundation was called to order at 11:03am Eastern Time (ET) on Friday, October 16, 2020 by Dr. Nicole Dabbs, NSCA Foundation President. A quorum was present.

Reports of Officers

- The President provided a brief overview of the activities of the Foundation and announced two upcoming vacancies on the Board.
- The current financial report will provide to the Board by email upon completion.

Auditor’s Report

Jill Goodwin, with Waugh & Goodwin, LLC, presented the independent auditor’s report for the fiscal year ending March 31, 2020 to the Foundation Board of Directors.

Jill Goodwin left the meeting.

Motion: F-2020-10-16-01 – Appointment of auditor

Proposed by: Dr. Chad Kerksick

Vote: Pass unanimously

Seconded by: Dr. Ludmila Cosio-Lima

Adopted motion: (That the Foundation Board of Directors) appoint Waugh & Goodwin, LLC as NSCA’s Foundation auditors for fiscal year ending March 31, 2021.

Investment Manager’s Report

John Martin presented the NSCA Foundation Investment Manager’s report.

John Martin and members of the Investment Committee: Geoff Eliason, Chair Jayme Brown, Michael Willette left the meeting.



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Motion: F-2020-10-16-02 – Agenda Amendment

Proposed by: Dr. Nicole Dabbs

Vote: Pass unanimously

Seconded by: Dr. Matt Stock

Adopted motion: To amend the original agenda to add an Executive Session with Stephen Hess.

Consent agenda

The following motions were adopted by unanimous consent:

- F-2020-10-16-03 – Minutes Approval
Adopted motion: Approve June 5, 2020 Meeting Minutes
- F-2020-10-16-04 – Budget Amendment Request
Adopted motion: (Ratify the vote (failed) and approve the minutes of) Budget Amendment Request for Emily Phillips
- F-2020-10-16-05 – Assistantship Suspension during COVID
Adopted motion: (Ratify the vote and approve the minutes to) approve suspension of August 2020-December 2020 Assistantship Cycle
- F-2020-10-16-06 – Grant Extension
Adopted motion: (Ratify the vote and approve the minutes of) 6-month Grant Extension for Gena Gertsner
- F-2020-10-16-07 – Renaming the Coaching Advancement Grant
Adopted motion: (Ratify the vote and approve the minutes to) Approve renaming of Coaching Advancement Grant
- F-2020-10-16-08 – Separating out Graduate Research Grant
Adopted motion: (Ratify the vote and approve the minutes to) Approve Graduate Research Grant separation (Graduate/Doctoral Grants)
- F-2020-10-16-09 – Creation of CPT Support Grant
Adopted motion: (Ratify the vote and approve the minutes to) Approve addition of CPT Support Grant

Committee Reports

- Ashley Jackson presented the Coaching Advancement Committee report.

Motion: F-2020-10-16-10 – Approval of 2nd Term and Chair, Coaching Advancement Member

Proposed by: Dr. Nicole Dabbs

Vote: Pass unanimously

Seconded by: Dr. Ludmila Cosio-Lima

Adopted motion: To approve Kevin Schultz to serve a 2nd term on the Coaching Advancement and Assistantship Committee in the Chair position.



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Motion: F-2020-10-16-11 – Approval of 2nd Term, Coaching Advancement Member

Proposed by: Dr. Matt Stock

Vote: Pass unanimously

Seconded by: Dr. Ludmila Cosio-Lima

Adopted motion: To approve Kaitlin Sweeney to serve a 2nd term on the Coaching Advancement and Assistantship Committee.

- Dr. Ludmila Cosio-Lima presented the Grants Committee report.
- Dr. Chad Kerksick presented the Investment Committee report.

Stephen Hess, Legal Counsel, joined the meeting.

- Dr. Matt Stock presented the Scholarships Committee report.

Bylaws Review

Stephen Hess, Legal Counsel, presented recommended Foundation Bylaw changes to the Board.

Motion: F-2020-10-16-12 – Approval of Amendments to Foundation Bylaws

Proposed by: Dr. Matt Stock

Vote: Pass unanimously

Seconded by: Dr. Ludmila Cosio-Lima

Adopted motion: To approve the changes to the NSCA Foundation Bylaws.

Dr. Colin Wilborn and Lee Madden left the meeting.

Executive Session – Brief Legal Update

- Executive Session called at 12:33 pm by Dr. Chad Kerksick, seconded by Dr. Matt Stock - unanimously approved.
- Returned to regular session at 1:28 pm by Dr. Ludmila Cosio-Lima, seconded by Dr. Chad Kerksick - unanimously approved.

The meeting was adjourned at 1:28 pm ET.