

# NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

### **COLLEGE — DIVING**

## DUKE UNIVERSITY HAREL ANOLICK

#### Senior

Harel has exemplified what is means to be a Blue Devil throughout his entire career. The intent and effort he brought to every session models what the development process is truly about. Harel has a bright future ahead and it has been a pleasure to work with him the past four years. ~Carl Christensen

## DUKE UNIVERSITY MADDY PFAFF

#### Senior

Maddy has been an outstanding student athlete at Duke University. She is incredibly consistent, positive, and diligent. Her attributes will have a long-lasting impact on our program and enable her to have continued success in the future. It has been great to work with Maddie during her career! ~Carl Christensen

## IOWA STATE UNIVERSITY MICHELLE SCHLOSSMACHER SMITH

#### Senior

Michelle brings a positive and contagious attitude into the weight room every day. It is rare to find an individual with such competitive drive coupled with extraordinary kindness towards those she works with. She leads by example and is committed to the success of the program and team. Her work ethic through adversity has proven to be the difference maker in a senior year full of success. ~Madeline Prado

## NORWICH UNIVERSITY SARAH CARLS

#### Diver

#### Senior

Sarah is a very hard worker as well as a leader both in & out of the weight room. Sarah is committed to her sport & wants to help her team succeed in any way. ~Scott Caulfield