

# NSCA ALL-AMERICAN STRENGTH AND CONDITIONING ATHLETES OF THE YEAR

### **COLLEGE** — RIFLE

## UNITED STATES MILITARY ACADEMY AARON FLOWERS

#### Senior

Dedicated to academic achievement as well as performance in the weight room and in the range. Competing in a sport with minimal transfer from the weight room he brings energy and intensity to all environments he is in. ~Peter Kenn

### UNIVERSITY OF MISSISSIPPI ABIGAIL BUESSELER

#### Senior

Abby has said that she is "driven to pursue mastery of (her) craft" and challenges herself and her teammates every day. This is clearly evident in her dedication to the weight room, her sport, and the classroom. Abby consistently brings great focus and passion to the weight room and celebrates her teammates' achievements with them. Her joy is contagious and her success in all facets of being a Rifle student-athlete is well deserved. "Christina Lodato