



1885 BOB JOHNSON DRIVE
 COLORADO SPRINGS, CO 80906
 P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes
National Strength and Conditioning Association Foundation
 Conference Call
 Friday, June 5, 2020

Part 1: 10:30am – 12:30pm Eastern Time

Directors participating in the meeting: Dr. Matt Stock, Dr. Nicole Dabbs, Dr. Chad Kerksick, Dr. Thomas Mahoney, Korrey Hammond, Dr. Ludmila Cosio-Lima, and Patrick McHenry, MA.

Committee Chairs also present at times: Dr. Trent Herda (Grants) and Geoff Eliason.

NSCA staff present on the call: Carissa Gump, Lee Madden, and Christina Klingensmith.

The meeting of the NSCA Foundation was called to order at 10:33am Eastern Time on Friday, June 5, 2020 by Dr. Matt Stock, NSCA Foundation President. A quorum was present.

Meeting began without Patrick McHenry.

Reports of Officers

President’s Report

- The Board reviewed their annual self-assessment.
- The budget was discussed.

F-2020-06-05-01 – 2020-2021 Budget

Proposed By: Dr. Chad Kerksick

Vote: Passed

Seconded By: Dr. Nicole Dabbs

Adopted motion: To approve the budget as discussed.

Treasurer’s Report

- The annual audit report postponed to the next meeting of the Board.
- A financial report will be distributed to the Board on a quarterly basis.

Consent Agenda

Proposed By: Korrey Hammond motion to approve the consent agenda

Vote: Passed

Seconded By: Tom Mahoney

The following resolutions were approved by general consent:

- **F-2020-06-05-02** – To approve the April 10, 2020 meeting minutes.



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

- [F-2020-06-05-03](#) – To approve the COVID-19 Relief Grant Funding.
- [F-2020-06-05-04](#) – To approve the Foundation Funds to support Directed Research Grant.

Patrick McHenry joined the meeting.

Reports of Committees

Coaching Advancement Grants and Assistantship Committee

- The Board reviewed the Coaching Advancement Grants and Assistantship Committee annual report.
- A Board had a brief discussion and reviewed the number of application submissions for cycle 2 of the Assistantship.
- Statistics and grants that were awarded for the Coaching Advancements Grants were reviewed.

Grant Committee

- The Board reviewed the Grant Committee annual report.
- Nominations were listed for the upcoming open chair position.

[F-2020-06-05-05](#) - David Fukuda was voted to fill the Grant Chair position.

- Feedback from the grant panel was discussed.
- Grant panel members who are listed as PI was discussed.

Investment Committee

- The Board reviewed the Investment Committee annual report.
- Current investments, expenses, and risks were reviewed.

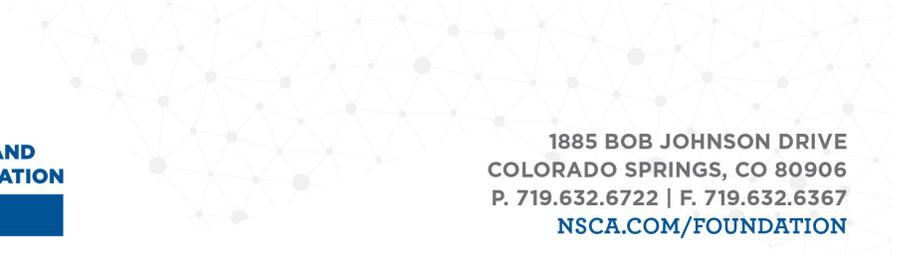
The meeting recessed at 12:26pm ET.
The meeting reconvened at 2:03pm ET.

Part 2: 2:00pm – 4:00pm Eastern Time

Directors participating in this meeting: Dr. Matt Stock, Dr. Nicole Dabbs, Dr. Chad Kerksick, Korrey Hammond, Dr. Ludmila Cosio-Lima, Patrick McHenry, MA, and Ashley Jackson, MS (Incoming Board member, joined at 3:00pm ET).

Directors absent: Dr. Thomas Mahoney.

NSCA staff present on the call: Carissa Gump, Lee Madden, and Christina Klingensmith.



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Scholarship Committee

- The Board reviewed and discussed the Scholarship Committee annual report.

General Orders

1. 2020-2021 calendar was discussed.
 - a. Strategic planning will be delayed until 2021
2. The annually nominations of Officers were held. The following positions were elected by acclamation:
 - a. Foundation President – Dr. Nicole Dabbs
 - b. Foundation Vice President – Dr. Ludmila Cosio-Lima
 - c. Foundation Treasurer – Dr. Chad Kerksick
 - d. Foundation Secretary – Dr. Thomas Mahoney
3. Annual Board Liaison assignments:
 - a. Grants Committee Liaison – Dr. Ludmila Cosio-Lima
 - b. Coaching Advancement Grant and Assistantship Committee Liaison – Ashley Jackson
 - c. Scholarships Committee Liaison – Dr. Matt Stock
 - d. Investment Committee Liaison – Dr. Chad Kerksick
4. The Bylaws will be reviewed with legal counsel.
5. There were no changes to Board Policies and Procedures for this cycle.

Adjourned

The meeting was adjourned at 3:16pm Eastern Time by Dr. Ludmila Cosio-Lima and seconded by Korrey Hammond. All approved.