
PRESS RELEASE

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FOR IMMEDIATE RELEASE

The National Strength and Conditioning Association (NSCA) Announces 2022 Tactical Strength and Conditioning Coach of the Year: Joseph R. Kelleher, CSCS, TSAC-F


Colorado Springs, CO – The National Strength and Conditioning Association is proud to announce that Joseph R. Kelleher, CSCS, TSAC-F, has been selected as the NSCA’s Tactical Strength and Conditioning Coach of the Year for 2022. Award winners are selected by the volunteer NSCA Awards Taskforce, which determines the winner based on their influential and outstanding contributions to the NSCA and their community that advance the field in a measurable way.

Joseph "Reilly" Kelleher currently serves as the Head Strength & Conditioning Coach at Joint Base Elmendorf-Richardson (JBER), Alaska. Mr. Kelleher is a Certified Strength and Conditioning Specialist® (CSCS®) and Tactical Strength and Conditioning Facilitator® (TSAC-F®) through the NSCA. Mr. Kelleher has spent the last 14 years working for the Department of Defense as a civilian.

Mr. Kelleher has been at JBER Strength & Conditioning since its inception. Additionally, Mr. Kelleher attended and graduated the U.S. Army Cold Weather Orientation Course (CWOC) earning the Arctic tab, held at the Northern Warfare Center at Black Rapids, Alaska. Mr. Kelleher holds a Bachelor of Science in Exercise Science with a minor in Athletic Training from Central Washington University.

“Coach Kelleher’s exceptional coaching and service to our nation’s service members is a prime example of what it means to be a Tactical Strength and Conditioning Coach,” said Jason Soileau, NSCA Tactical Program Manager. “His work has helped the careers and lives of countless service members, and it is important to recognize professionals like Coach Kelleher who exceed the standard and have a positive impact on the individuals who serve our nation and communities. NSCA Tactical sends tremendous congratulations to him for earning this very well deserved award.”

Mr. Kelleher will be honored at the NSCA’s Tactical Annual Training Conference, which will be held in San Antonio, Texas, August 23-26, 2022. It is the premier educational event of the year for the tactical training community. International public safety and military experts join forces to share cutting-edge, evidence-proven best



practices and training methodologies that help military, law enforcement, and fire and rescue professionals systematically increase their readiness, performance, and resilience, while also increasing their longevity and quality of life. For more information regarding the NSCA and its awards, please visit nsca.com.

Media Note: To schedule an interview, contact marketing@nsca.com.

About the National Strength & Conditioning Association

Founded in 1978, The National Strength and Conditioning Association (NSCA) is a nonprofit association dedicated to advancing the strength and conditioning and related sport science professions around the world.

The NSCA exists to empower a community of professionals to maximize their impact through disseminating evidence-based knowledge and its practical application by offering industry-leading certifications, research journals, career development services, networking opportunities, and continuing education. The NSCA community is composed of more than 60,000 members and certified professionals throughout the world who further industry standards as researchers, educators, strength and conditioning coaches, performance and sport scientists, personal trainers, tactical professionals, and other related roles.