## College Strength and Conditioning Coach of the Year Award Criteria Sheet

Covering the \_2022\_ Calendar Year

Name of Nominee: \_\_\_\_\_

Eligibility Requirements	Criteria	Yes or No	Expiration Date
NSCA Membership – Minimum 2 years    NSCA CSCS Certification    Head College Strength and Conditioning Coach – DI, II, III, NAIA    Three years as a Head College Strength and Conditioning Coach    Not a previous recipient    Cover letter, Resume or CV received    General Criteria * For this section only-points are cumulative during your career    Years of CSCS  1 pt each 3 year period    NSCA Registered Strength Coach (RSCC)  1 point per year held    Additional NSCA certification  2 pts ea.    Bachelor's degree (select highest degree earned)  3 pts    Doctorate Degree (select highest degree earned)  3 pts    Subtotal  NSCA Regional Coordinator or State Director  4 pts    NSCA Regional Coordinator or State Director  4 pts    Sub Orbit / Executive Council Member  3 pts    SIG Chair / Executive Council Member  3 pts    SIG Chair / Executive Council Member  3 pts ea.    Attended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)  2 pts ea.    Attended NSCA State or Regional Clinic  2 pts ea.    NSCA Awards <i>lifetime</i> 1 pt ea.    ERP Director / Mentor, and/or CSCS Sponsor; RSCC Mentor for NSCA State or Regional Clinic  2 pts ea.	Eligibility Requirements		
NSCA CSCS Certification  Image: Conditioning Coach - DI, II, III, NAIA    II, III, NAIA  Image: Conditioning Coach - DI, II, III, NAIA    Three years as a Head College Strength and Conditioning Coach  Conditioning Coach    Not a previous recipient  Image: Conditioning Coach    Cover letter, Resume or CV received  Image: Conditioning Coach    General Criteria * For this section only -points are cumulative during your career  Image: Conditioning Coach (RSCC)    Years of CSCS  1 pt each 3 year period    NSCA Registered Strength Coach (RSCC)  1 point per year held    Additional NSCA certification  2 pts ca.    Bachelor's degree (select highest degree earned)  3 pts    Doctorate Degree (select highest degree earned)  4 pts    Subtotal  State of the section only for    2022 unless otherwise noted  1 pts ca.    NSCA Regional Coordinator or State Director  4 pts    NSCA Committee Chair / Member  3 pts    SIG Chair / Executive Council Member  3 pts ca.    Natended NSCA Annual Conference (Coaches, TSAC, National, Personal Trainers)  3 pts ca.    Attended NSCA Atter or Regional Clinic  2 pts ea.    NSCA Awards lifetime  1 pt ea.    ERP Director / Mentor			
Head College Strength and Conditioning Coach – DI,  II, II, IN, NAIA    Three years as a Head College Strength and  Conditioning Coach    Not a previous recipient  Cover letter, Resume or CV received    General Criteria * For this section only -points are  Cover letter, Resume or CV received    Years of CSCS  1 pt each 3 year period    NSCA Registered Strength Coach (RSCC)  1 point per year held    Additional NSCA certification  2 pts ea.    Bachelor's degree (select highest degree earned)  2 pts    Masters Degree (select highest degree earned)  3 pts    Doctorate Degree (select highest degree earned)  4 pts    Subtotal  NSCA Involvement    (Documentation Required) * Points are only for  2022 unless otherwise noted    NSCA Committee Chair / Member  3 pts    SIG Chair / Executive Council Member  3 pts    SIG Chair / Executive Council Member  3 pts    Attended NSCA Annual Conference (Coaches, TSAC, Astional, Personal Trainers)  3 pts ea.    Attended NSCA State or Regional Clinic  2 pts ea.    NSCA Awards <i>lifetime</i> 1 pt ea.    ERP Director / Mentor, and/or CSCS Sponsor;  2 pts ea.    RSCC Mentor for NSCA Exam Prep or Foundations of	NSCA Membership – Minimum 2 years		
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Serving as a Documented Internship Advisor    Instructor for NSCA Exam Prep or Foundations of Coaching Lifts  2 pts ea.			
Instructor for NSCA Exam Prep or Foundations of Coaching Lifts2 pts ea.	1 ·		
Coaching Lifts		2 pts ea.	
	*	-	
	Subtotal		

Educational/Coaching Activities		
(Documentation Required) * Points are only for 2022 unless		
otherwise noted		
Strength and Conditioning Course / Curriculum Development /	2 pts / course / semester	
Academic Teaching Assignments	-4 pts max	
Hosted NSCA Exam Prep or Foundations of Coaching Lifts	2 pts each	
Hosted an NSCA Regional / State Clinic	5 pts each	
Hosted a State or Local Coaches Clinic related to S & C	2 pts each	
Number of Conference Sport Championships coached during the	3 pts each (max 12 pts)	
school year*		
Number of National Championships during the school year*	5 pts each	
Number of teams in Post-Season play this year	2 pts each	
Number of Student-Athletes Receiving "Scholar-Athlete" or "All-	1 pt each / (2 pts max)	
Academic Team Awards" during the school year - Must be		
verified by school official		
Nominated NSCA All-Americans S&C Athlete of the Year, this	1 pt each / 2 pts max	
year		
Subtotal		
Publications & Presentations		
(Documentation Required) * Points are only for 2022		
Authored / Co-authored for JSCR, SCJ, TSAC Report, NSCA	2 pts per article	
Coach, PTQ)		
Editor / Reviewer for article or column (JSCR, SCJ, TSAC Report,	1 pt. per 3 articles	
NSCA Coach, PTQ)		
Editor / Author for NSCA book or chapter	2 pt ea.	
Non-NSCA peer reviewed articles	1 pt ea.	
Authored Coaching/Fitness Industry Publications	1 pt ea.	
Presented at an NSCA Annual Conference, Clinic, State, or	3 pts ea.	
Regional Conference, Event, or Webinar (Live or Virtual)		
Podcast Guest – Strength and Conditioning Related	1 pt ea.	
Presenter - Non-NSCA Strength Coach Event	2 pts ea.	
(State, Local Presentations, Webinars, etc)		
Subtotal		
Miscellaneous Category		
(Documentation Required) * Points are only for 2022		
Volunteer coaching or teaching assignments, etc. with justification	1 pt ea.	
for this year		
Non-NSCA (Coaching Related) Awards – School, Local, State,	1 pt ea.	
etc.		
Subtotal		
Total Points	Points must come from	
	at least two categories.	