

NSCA Tactical Strength and Conditioning Practitioner of the Year Award Criteria Sheet

Name of Nominee: _____

Points will only be awarded for preceding calendar year activities only, unless otherwise noted. i.e. if the award is to be awarded April 1, 2018, points will only be awarded for activities completed within the year 2017.

Criteria	Yes or No	Points Awarded
Eligibility Requirements		
Current NSCA Member for 2 consecutive years		N/A
Current CSCS and TSAC-F Certifications		N/A
Cover letter and Resume or CV		N/A
General Criteria		
	Value of Item	Points Awarded
Years of TSAC-F Certification	1 pt each 3 year period	
Bachelors Degree (select only highest degree earned)	2 pts	
Masters Degree (select only highest degree earned)	3 pts	
Doctorate Degree (select only highest degree earned)	4 pts	
Subtotal	1 pt Minimum	
Educational Activities		
		Points Awarded
Teacher/Professor/Instructor @ institution or academy for learning and training (at least 50% teaching) – <i>number of years total.</i>	1-3(2); 4-6 (3); 7-9 (4); 10-12 (5); 13> (6)	
Individual course development (tactical strength and conditioning related) @ secondary school, undergraduate, graduate, professional employment education courses	2 pts per course	
Program/Curriculum development in tactical strength training and conditioning	2 pts per course	
Hosted an NSCA approved event	2 pts each	
Author of full-length book in the TSAC field	2 pts	
Author of a Video in the TSAC field	2 pts per video	
Author of Chapter in a Book related to TSAC	1 pt per chapter	
Volunteer coaching, after-school education, etc. with justification – TSAC related	2 pts	
Subtotal	50 maximum (min 8 pts)	
NSCA Involvement		
(Documentation Required)		
	Value of Item	Points Awarded
NSCA Regional Coordinator or State Director	4 pts	

NSCA Committee Chair	4 pts	
NSCA Committee Member	2 pts	
SIG Chair/Executive Council	4 pts	
Attended NSCA Annual Conference (Coaches, TSAC Annual Training, National, Personal Trainers)	3 pts ea.	
Attended NSCA Regional Clinic	2 pts ea.	
Attended NSCA State Clinics	1 pt ea.	
Subtotal	3 Pts Minimum	
Educational/Coaching Activities (Documentation Required)	Value of Item	Points Awarded
Hosted an NSCA Regional Clinic or Event	3 pts each	
Hosted an NSCA State Clinic	3 pts each	
Teaching NSCA approved Tactical Strength and Conditioning Courses	2 pts/course	
Teaching non-NSCA approved Tactical Strength and Conditioning Courses	1 pts(max 6pts)	
Subtotal	2 Pts Minimum	
Publications & Presentations related to TSAC (Documentation Required)	Value of Item	Points Awarded
Author/Co-author for JSCR or SCJ (Feature Article)	3 pts ea.	
Author/Co-author SCJ Column	1 pt ea.	
Author/Co-author for TSAC Report	3 pt ea.	
Author/Co-author for PTQ or NSCA Coach	2 pts ea.	
Reviewer for JSCR/SCJ/TSAC Report/PTQ/NSCA Coach	1 pt ea. per article	
Non-NSCA peer reviewed articles	1 pt ea.	
Coaching/Fitness Industry Publications	1 pt ea.	
Presenter - NSCA Annual Conference (Coaches, TSAC Annual Training, National, Personal Trainers)	2 pts	
Presenter - NSCA Regional/State Clinic	2 pts ea.	
Presenter - Non-NSCA event (<i>State Coaches, Local Presentations, etc</i>)	1 pt ea.	
Subtotal	1 Pt Min. / 6 Pts. Max	
Total Points	15 points Minimum Total to Qualify	