
PRESS RELEASE

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FOR IMMEDIATE RELEASE


The National Strength and Conditioning Association (NSCA) Announces 2022 Tactical Strength and Conditioning Professional of the Year: Robin M. Orr, PhD, TSAC-F,*D

Colorado Springs, CO – The National Strength and Conditioning Association is proud to announce that Robin Orr, PhD, TSAC-F*D, has been selected as the NSCA’s Tactical Strength and Conditioning Professional of the Year for 2022. Award winners are selected by the volunteer NSCA Awards Taskforce, which determines the winner based on their influential and outstanding contributions to the NSCA and their community that advance the tactical field in a measurable way.

Associate Professor Rob Orr served in the Australian Army for more than 23 years as an infantry soldier, Physical Training Instructor, uniformed physiotherapist, and human performance officer. Still serving in the Army Reserve, Dr. Orr is the Director of the Tactical Research Unit at Bond University, teaches students undertaking their Doctor of Physiotherapy Program, and supervises masters and doctoral students doing research in tactical populations. Dr. Orr consults and provides research and educational services for law enforcement, military, and firefighter agencies across five continents. His interests range from initial training to the selection and training of specialist personnel, with a particular passion for tactical load carriage. Dr. Orr’s focus on providing pragmatic research to the tactical community is evident in his 200-plus published research papers and technical reports on tactical populations.

“Dr. Rob Orr’s contributions to the field of tactical strength and conditioning are numerous and highly valued. He continues to demonstrate the qualities desired from a leader in our field,” said Jason Soileau, NSCA Tactical Program Manager. “His experience as a researcher, instructor, professor, and service member has provided valuable insight for thousands of tactical professionals and coaches and will continue to help shape the future of tactical human performance. NSCA Tactical extends immense congratulations to him for receiving this very well deserved award.”

Dr. Orr will be honored at the NSCA’s Tactical Annual Training Conference, which will be held in San Antonio, Texas, August 23-26, 2022. It is the premier educational event of the year for the tactical community. International public safety and military experts join forces to share cutting-edge, evidence-proven best practices and



training methodologies that help military, law enforcement, and fire and rescue professionals systematically increase their readiness, performance, and resilience, while also increasing their longevity and quality of life. For more information regarding the NSCA and its awards, please visit nsca.com.

Media Note: To schedule an interview, contact marketing@nsca.com.

About the National Strength & Conditioning Association

Founded in 1978, The National Strength and Conditioning Association (NSCA) is a nonprofit association dedicated to advancing the strength and conditioning and related sport science professions around the world.

The NSCA exists to empower a community of professionals to maximize their impact through disseminating evidence-based knowledge and its practical application by offering industry-leading certifications, research journals, career development services, networking opportunities, and continuing education. The NSCA community is composed of more than 60,000 members and certified professionals throughout the world who further industry standards as researchers, educators, strength and conditioning coaches, performance and sport scientists, personal trainers, tactical professionals, and other related roles.