



1885 BOB JOHNSON DRIVE
 COLORADO SPRINGS, CO 80906
 P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes
National Strength and Conditioning Association Foundation
 Zoom Conference Call
 Friday, February 2, 2022

Directors participating in the meeting: Dr. Nicole Dabbs, Dr. Don Melrose, Dr. Kristen Snyman, Dr. Ludmila Cosio-Lima, Ashley Jackson, Dr. Thomas Mahoney, and Dr. Helen Binkley.

Also present: *NSCA Foundation Staff:* Carissa Gump; *NSCA Staff:* Lee Madden and Christina Templeton.

The meeting of the NSCA Foundation was called to order at 12:32 pm Eastern Time (ET) on Wednesday, February 2, 2022 by Dr. Nicole Dabbs, NSCA Foundation President. A quorum was present. It was moved and seconded to approve the agenda. The motion was adopted.

Reports of Officers

- The President provided a brief overview of plans for the Foundation’s Strategic Planning.

Motion: F-2022-02-02-01 - Board Member

Proposed by: Dr. Tom Mahoney

Vote: Passed

Seconded by: Dr. Helen Binkley

Adopted motion: To approve Dr. Ludmila Cosia-Lima to the Board of Directors.

Motion: F-2022-02-02-02 – Grant Committee and Grant Panel Members

Proposed by: Dr. Ludmila Cosia-Lima

Vote: Refer to Committee

Seconded by: Ashley Jackson

Adopted motion: For Grant Committee and Grant Panel applications to go back to committee for justifications.

Motion: F-2022-02-02-03 – Coaching Advancement Grant and Assistantship Member

Proposed by: Dr. Helen Binkley

Vote: Passed

Seconded by: Dr. Don Melrose

Adopted motion: To approve Tyler Christiansen and Scott Caulfield to the Coaching Advancement Grant and Assistantship Committee.

Motion: F-2022-02-02-04 – Scholarship Panel Member

Proposed by: Dr. Don Melrose

Vote: Passed

Seconded by: Dr. Kristen Snyman

Adopted motion: To approve Dr. Kyle O’Toole and Dr. Bryanne Bellovary to the Scholarship Panel.



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- The Board reviewed a brief overview of the current financial report and income statement.

Consent Agenda

The consent agenda was proposed by Ashley Jackson, seconded by Dr. Ludmila Cosia-Lima, and was adopted by unanimous consent:

- *F-2022-02-02-05 – Minutes Approval*
Adopted motion: Approve the September 13, 2021 Meeting Minutes.
- *F-2022-02-02-06 – Email Vote - New Scholarship*
Adopted motion: (Ratify the vote and approve the minutes of) Approval Markus Paul Memorial Scholarship.
- *F-2022-02-02-07 – Email Vote – Investment Committee Chair*
Adopted motion: (Ratify the vote and approve the minutes of) Approve Dr. Michael Willett as Investment Committee Chair.
- *F-2022-02-02-08 – Email Vote – Investment Committee Member*
Adopted motion: (Ratify the vote and approve the minutes to) Approve Monica Schick to serve as Investment Committee Member.

Dr. Kristen Snyder left the meeting.

Committee Reports

- The Coaching Advancement Committee report was presented.
- The Grants Committee report was presented.
- The Investment Committee report was presented.

Dr. Kristen Snyder returned to the meeting.

- The Scholarships Committee report was presented.

General Orders

- Diversity, Equity, Inclusion education and training was discussed.

The meeting was adjourned at 1:36 pm ET.