



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes

National Strength and Conditioning Association Foundation

Conference Call

Monday, January 7, 2019

Directors participating in the meeting: Dr. Matt Stock, Dr. Nicole Dabbs, Dr. Thomas Mahoney, Dr. Brian Schilling, Dr. Margaret Jones, and Korrey Hammond.

Directors absent: Dr. Chad Kerksick.

Also present at times on the call: Carissa Gump, Lee Madden, and Christina Klingensmith.

The meeting of the NSCA Foundation was called to order at 10:03am Mountain Time on Monday, January 7, 2019 by Dr. Matt Stock, NSCA Foundation President. A quorum was present.

Approval of Minutes

F-2019-01-07-01 --Approval of October 29, 2018 Meeting Minutes

Proposed By: Dr. Tom Mahoney

Vote: Passed

Seconded By: Dr. Margaret Jones

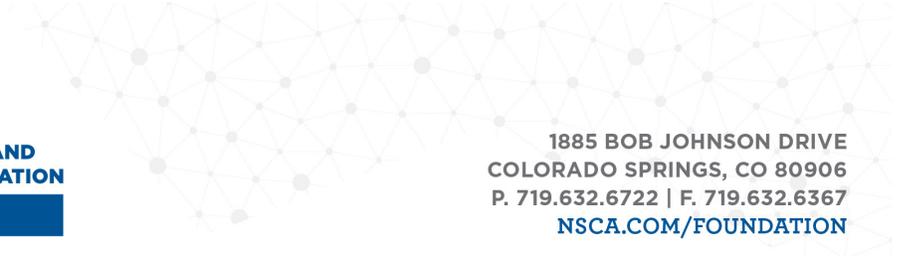
Adopted Motion: To approve the minutes from the last meeting.

Reports of Officers

- President's report
 - Executive Session called by Matt Stock at 10:04am Mountain Time, seconded by Korrey Hammond to review Grant Panel and Board of Director applicants. Called back into Regular Session by Matt Stock at 10:18am, seconded by Tom Mahoney.
- Financial report
 - Lee Madden provided a brief financial report that was reviewed by the Board.

Reports of Committees

- Dr. Nicole Dabbs presented the Coaching Advancement Grants and Assistantship Committee report.
 - One person was selected for the 2019 January-May Assistantship cycle.
 - Checking of employment status at the frontend will be put in place with the next round of Assistantship applications.
- Dr. Brian Schilling presented the Grant Committee report.
 - Finalizing the first round of Grant Panel members.
 - Grant Panel meeting will be held at the Colorado Springs office April 12-14, 2019.
 - Grant applications are due by February 15.



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- Carissa Gump presented the Investment Committee report.
 - Next regular conference call is scheduled in February.
- Dr. Matt Stock presented the Scholarship Committee report.
 - Over 80 applicants were evaluated. 42 scholarships were funded totaling over \$60,000.
 - A request was sent to the recipients to send a thank you video to the Foundation on how they are using the money.
 - This year direct deposit is being utilized instead of issuing paper checks.
 - The first year of using Foundant to process scholarships worked well.

Discussion Items:

- The Board discussed inviting committee chairs to the April BOD meeting
 - Chairs residing locally will be invite to meeting and dinner.
 - Non-local Chairs will be asked to call in.
- A draft letter will be created to send to the selected grant panel members. Upon approval it will be sent.

F-2019-01-07-02--Approval of Assistantship Policies & Procedures Manual

Proposed By: Dr. Nicole Dabbs

Vote: Passed

Seconded By: Dr. Brian Schilling

Adopted Motion: To approve the Assistantship Policies & Procedures Manual as corrected.

Amendment: under qualifications add: unable to win more than one time.

Adjourned at 10:48am Mountain Time by Dr. Matt Stock. Seconded by Dr. Brian Schilling.