



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes
National Strength and Conditioning Association Foundation
Zoom Conference Call
Friday, February 12, 2021

Directors participating in the meeting: Dr. Nicole Dabbs, Dr. Ludmila Cosio-Lima, Dr. Chad Kerksick, Dr. Matt Stock, and Dr. Thomas Mahoney.

Directors not present: Dr. Colin Wilborn and Ashley Jackson.

Also present at times: *NSCA Foundation Staff:* Carissa Gump; *NSCA Staff:* Lee Madden and Christina Klingensmith.

The meeting of the NSCA Foundation was called to order at 1:02pm Eastern Time (ET) on Friday, February 12, 2021 by Dr. Nicole Dabbs, NSCA Foundation President. A quorum was present.

Reports of Officers

- The President provided a brief overview of the activities of the Foundation.
- The Board reviewed a brief overview of the current financial report and income statement.

Consent Agenda

The consent agenda was proposed by Dr. Tom Mahoney, seconded by Dr. Chad Kerksick, and was adopted by unanimous consent:

- F-2021-02-12-01 – Minutes Approval
Adopted motion: Approve the October 16, 2020 Meeting Minutes as presented.
- F-2021-02-12-02 – Email Vote (Annual Audit)
Adopted motion: (Ratify the vote and approve the minutes of) Approval of Annual Audit.
- F-2021-02-12-03 – Email Vote (Additional Funding Request for Women’s Scholarship Recipient)
Adopted motion: (Ratify the vote and approve the minutes to) Approve additional funding request.
- F-2021-02-12-04 – Email Vote (Caleb Bazylar budget amendment for refrigerator costs)
Adopted motion: (Ratify the vote and approve the minutes to) Approve Caleb Bazylar Grant Budget Reallocation.



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Executive Session – Approval of Executive Session Minutes

NSCA staff left the meeting. Carissa Gump, NSCA Foundation Executive Director was approved to stay for the Executive Session.

- Executive Session called at 1:10pm by Dr. Matt Stock, seconded by Dr. Chad Kerksick - unanimously approved.
- Returned to regular session at 1:11pm by Dr. Chad Kerksick, seconded by Dr. Ludmila Cosio-Lima – unanimously approved.

Committee Reports

- The Coaching Advancement Committee report was presented.
- The Grants Committee report was presented.
 - The Grant Committee Proposal was referred back to the committee for clarification of limit/cap/percentage of student salary support.

Motion: F-2021-02-12-05 - Grant Panel Members Approval

Proposed by: Dr. Matt Stock

Vote: Passed

Seconded by: Dr. Tom Mahoney

Adopted motion: To approve the two Grant Panel Members (Lem Taylor and Kelly Hammond).

- The Investment Committee report was presented.

Motion: F-2021-02-12-06 – Investment Committee Members Approval

Proposed by: Dr. Ludmila Cosio-Lima

Vote: Passed

Seconded by: Dr. Matt Stock

Adopted motion: To approve Michael Willette and Adrian Fleisher to the Investment Committee.

- The Scholarships Committee report was presented.

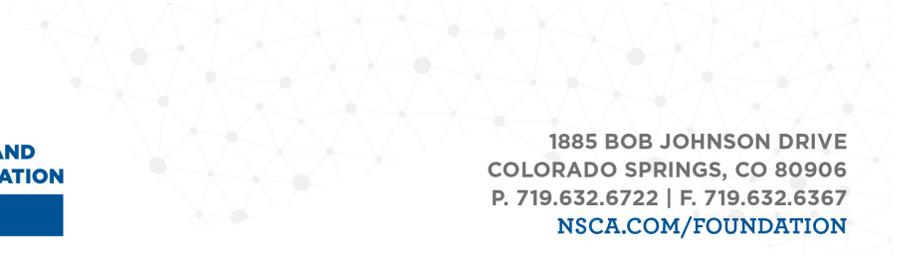
Motion: F-2021-02-12-07 - Approval of Scholarship Policies and Procedures Manual

Proposed by: Dr. Matt Stock

Vote: Passed

Seconded by: Dr. Chad Kerksick

Adopted motion: To approve the Scholarship Policies and Procedures Manual.



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Motion: F-2021-02-12-08 - Approval of Scholarship Committee and Scholarship Review Panel Members

Proposed by: Dr. Chad Kerksick

Vote: Passed

Seconded by: Dr. Matt Stock

Adopted motion: To approve the five Scholarship Committee Members (Eric Pohl, Brennan Thompson, Jeremy Townsend, LaShawn Nastvogel, and Michael Naperalsky) and three Scholarship Review Panelist (Xin Ye, Anthony Ciccone, and Allen Hedrick).

Tom Mahoney left the meeting at 1:43pm.

General Orders

Motion: F-2021-02-12-09 - Board Member Approval

Proposed by: Dr. Matt Stock

Vote: Passed

Seconded by: Dr. Ludmila Cosio-Lima

Adopted motion: To approve Dr. Kristen Snyman and Dr. Don Melrose to the Board of Directors.

- The Board discussed the recommendation of state conference scholarships.
- The Board discussed the recommendation of student poster competition.

Dr. Chad Kerksick left the meeting at 2:15pm.

The meeting was adjourned at 2:19pm ET.