



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Foundation Board of Directors Meeting Minutes National Strength and Conditioning Association Foundation Zoom Electronic Meeting Monday, September 13, 2021

Directors participating in the meeting: Dr. Nicole Dabbs, Dr. Ludmila Cosio-Lima, Ms. Ashley Jackson, Dr. Kristen Snyman, Dr. Thomas Mahoney, and Dr. Helen Binkley.

Directors not present: Dr. Don Melrose.

Also present at times: *NSCA Foundation Auditor:* Jill Goodwin; *NSCA Foundation Staff:* Carissa Gump; *NSCA Staff:* Michael Massik, Lee Madden, and Christina Templeton.

The meeting of the NSCA Foundation was called to order at 10:03 am Eastern Time (ET) on Monday, September 13, 2021 by Dr. Nicole Dabbs, NSCA Foundation President. The meeting began without Dr. Kristen Snyman. A quorum was present.

Jill Goodwin and Dr. Kristen Snyman joined the meeting at 10:07 am ET.

Reports of Officers

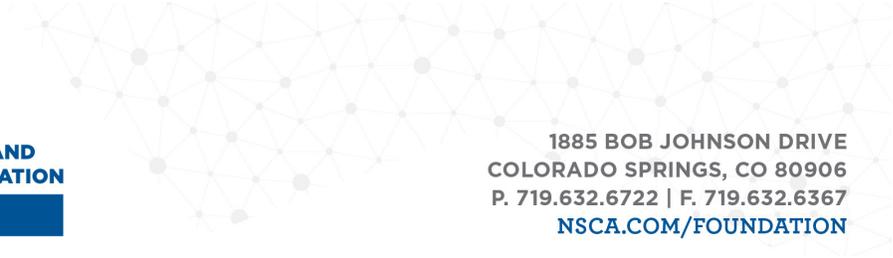
President's Report

- Strategic planning update and upcoming open volunteer positions were announced.

Consent Agenda

The consent agenda was proposed by Dr. Tom Mahoney, seconded by Dr. Helen Binkley, and was adopted by unanimous consent:

- F-2021-09-13-01 – Board Meeting Minutes
Adopted motion: Approve the June 2, 2021 Meeting Minutes as presented.
- F-2021-09-13-02 – Email Vote (Investment - manager)
Adopted motion: (Ratify the vote and approve the minutes to) Approve Integrity Bank Relationship
- F-2021-09-13-03 – Email Vote (Grant/Scholarship/Investment/Coaching Advancement – chair appointments)
Adopted motion: (Ratify the vote and approve the minutes to) Approve Committee Chair Positions
- F-2021-09-13-04 – Email Vote (Grants – funding reallocation request)
Adopted motion: (Ratify the vote and approve the minutes to) Decline Funding Reallocation Request
- F-2021-09-13-05 – Email Vote (Grants – New Equipment Grant)



1885 BOB JOHNSON DRIVE
 COLORADO SPRINGS, CO 80906
 P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Adopted motion: (Ratify the vote and approve the minutes to) Approve Hammer Strength Equipment Grant Proposal

- F-2021-09-13-06 – Email Vote (Scholarship – New Scholarship)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Diversity, Equity and Inclusion Scholarship Proposal

- F-2021-09-13-07 – Email Vote (Grant Committee – 2022 Directed Research Grant)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Directed Research Topics to NSCA for consideration

- F-2021-09-13-08 – Email Vote (Grants – Student Payments for Grants)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Student Payments for Senior/Young Investigator Grants

- F-2021-09-13-09 – Email Vote (Grant Committee – member increase)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Grant Committee member increase

- F-2021-09-13-10 – Email Vote (Scholarship Committee – member increase)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Scholarship Committee member increase

- F-2021-09-13-11 – Email Vote (Investment – Collateral Investment)

Adopted motion: (Ratify the vote and approve the minutes to) Approve Collateral Money Market Investment

Report of Officers, continued

Treasurer’s Report

- Jill Goodwin of Waugh & Goodwin, LLC presented the audit report to the Board.

Jill Goodwin left the meeting at 10:16 am ET.

Motion: F-2021-09-13-12 – Audit Report

Proposed by: Dr. Kristen Snyman

Vote: Passed

Seconded by: Ms. Ashley Jackson

Adopted motion: To continue using Waugh & Goodwin, LLC as auditor for the Foundation for the next fiscal year.

- The 990 has been filed.

Without objections, Carissa Gump will continue the meeting (when Dr. Nicole Dabbs leaves the meeting).

Motion: F-2021-09-13-13 – Accept the Audit Report

Proposed by: Dr. Thomas Mahoney

Vote: Passed

Seconded by: Ms. Ashley Jackson



1885 BOB JOHNSON DRIVE
COLORADO SPRINGS, CO 80906
P. 719.632.6722 | F. 719.632.6367
NSCA.COM/FOUNDATION

Adopted motion: To accept the audit.

Michael Massik joined at 10:18 am ET.

Association Update

- Michael Massik presented an NSCA update to the Board.

Dr. Nicole Dabbs left the meeting at 10:22 am ET.

Michael Massik left the meeting at 10:28 am ET.

Committee Reports

- The Coaching Advancement Grant and Assistantship Committee report was presented.
- The Grants Committee report was presented.
- The Investment Committee report was presented.
- The Scholarships Committee report was presented.

General Orders

- The Board discussed the crossover of leadership roles between the NSCA Foundation and the NSCA.
- A conflict of interest policy will be develop to address possible concerns about crossover.

The meeting adjourned at 10:56 am ET.

DRAFT